



330 Main Drive  
Box 178, Savona,  
B.C. V0K 2J0  
Phone (250) 373 2493  
Fax (250) 373 2494

## **Daily Update: Tuesday, May 5, 2020**

**Number of COVID-19 cases in BC: 2224    New cases in BC: 19**

**Number of deaths in BC: 117**

**Number in recovery in BC: 1417**

**Number of COVID -19 cases in Interior Health Region: 177**

### **Information from Dr. Bonnie Henry & Adrian Dix on May 4** **People over 50 years old are hardest hit from COVID-19.**

**Men are more likely to have more severe illness, require hospitalization and die from COVID-19.**

**Young people are not immune to COVID-19. We are seeing people in their 20's and 30's need hospitalization.**

**The most effective controls are physical distancing and engineering controls (physical barriers like plexy glass).**

**We must also use administrative controls (marks on floors for where to stand) and personal protective equipment (masks, gloves, gowns).**

#### **Key Principles To Follow:**

**Stay informed, be prepared, and follow public health advice.**

**Practice good hygiene (wash hands, don't touch face).**

**Stay at home and away from others if you are feeling ill.**

**Maintain physical distance outside the household (no hand shaking or hugging).**

**Increase cleaning at home and work.**

**Consider the use of non-medical mask in situations where physical distancing cannot be maintained (on transit, shopping).**

**Reduce personal and non-essential travel.**

**This summer will look different than other summers. Let's have safer connections with people. Smaller is better. The fewer people you are in contact with the better. Outside is better than inside.**

#### **Easing Restrictions**

**More information about easing restrictions will be shared on Wednesday, May 6. Tune into CTV News, Global News or You Tube Live to view.**

**Be calm, respectful, safe and generous with one another.**